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# A Galtonian Perspective on Shrinkage Estimators

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Consider  $n$  independent  $X_1, \dots, X_n$ , each is normally distributed  $X_i \sim \mathcal{N}(\theta_i, 1), \forall i = 1, \dots, n$ . We would like to estimate  $\theta_i$ 's measured by the risk function:

$$R(\boldsymbol{\theta}, \hat{\boldsymbol{\theta}}) = \mathbb{E}L(\boldsymbol{\theta}, \hat{\boldsymbol{\theta}}) = \mathbb{E} \left[ \sum_{i=1}^n (\theta_i - \hat{\theta}_i)^2 \right]. \quad (1)$$

James and Stein (1961) show that for  $n \geq 3$ , the James-Stein estimators of the form,

$$\hat{\theta}_i^{JS} = \left( 1 - \frac{c}{\sum_{j=1}^n X_j^2} \right) X_i, \quad \forall 0 < c < 2(n-2), \quad (2)$$

(with  $c = n - 2$  the best choice) dominate the ordinary estimator  $\hat{\theta}_i = X_i$  under risk function 1.

Efron and Morris (1973) provide the Efron-Morris estimators of the form,

$$\hat{\theta}_i^{\text{EM}} = \bar{X} + \left( 1 - \frac{c}{\sum_{i=1}^n (X_i - \bar{X})^2} \right) (X_i - \bar{X}), \quad \forall 0 < c < 2(n-3), \quad (3)$$

(with  $c = n - 3$  the best choice) beats the ordinary estimators when  $n \geq 4$ .

This paper gives an novel explanation of why those shrinkage estimators work better using a regression setup. To be specific, consider the regression task of  $\mathbb{E}[\theta|X]$ , the least square estimator with intercept is,

$$\hat{\theta}_i = \bar{\theta} + \hat{\beta} (X_i - \bar{X}), \quad \text{where } \hat{\beta} = \frac{\sum_{i=1}^n (X_i - \bar{X}) (\theta_i - \bar{\theta})}{\sum_{i=1}^n (X_i - \bar{X})^2}. \quad (4)$$

The Efron-Morris estimator is conducted by replacing  $\bar{\theta}$  and  $\sum_{i=1}^n (X_i - \bar{X}) (\theta_i - \bar{\theta})$  by  $\bar{X}$  and  $\sum_{i=1}^n (X_i - \bar{X})^2 - (n-1)$ , their unbiased estimators, respectively.

The James-Stein estimator can be derived similarly with the least square estimator without intercept,

$$\hat{\theta}_i = \hat{\beta} (X_i - \bar{X}), \quad \text{where } \hat{\beta} = \frac{\sum_{i=1}^n X_i \theta_i}{\sum_{i=1}^n X_i^2}. \quad (5)$$

The James-Stein estimator is conducted by replacing  $\sum_{i=1}^n X_i \theta_i$  by its unbiased estimators  $\sum_{i=1}^n X_i^2 - n$ .

A simple proof of both Efron-Morris and James-Stein estimators can be derived from this regression perspective, using the fact that the orthogonality of the least square fitted values and the residuals can be exploited to separate the least square loss  $RSS_{LS}$  from the loss function  $L(\boldsymbol{\theta}, \hat{\boldsymbol{\theta}})$  for any estimator  $\hat{\boldsymbol{\theta}}$ .

This paper gives a clear and simple argument on why ordinary estimator fails in this estimation task as it is based on the wrong regression line  $\mathbb{E}[X|\theta]$  instead of  $\mathbb{E}[\theta|X]$  and therefore the least square estimator, (along with its unbiased estimators) dominates the ordinary estimator.

## References

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